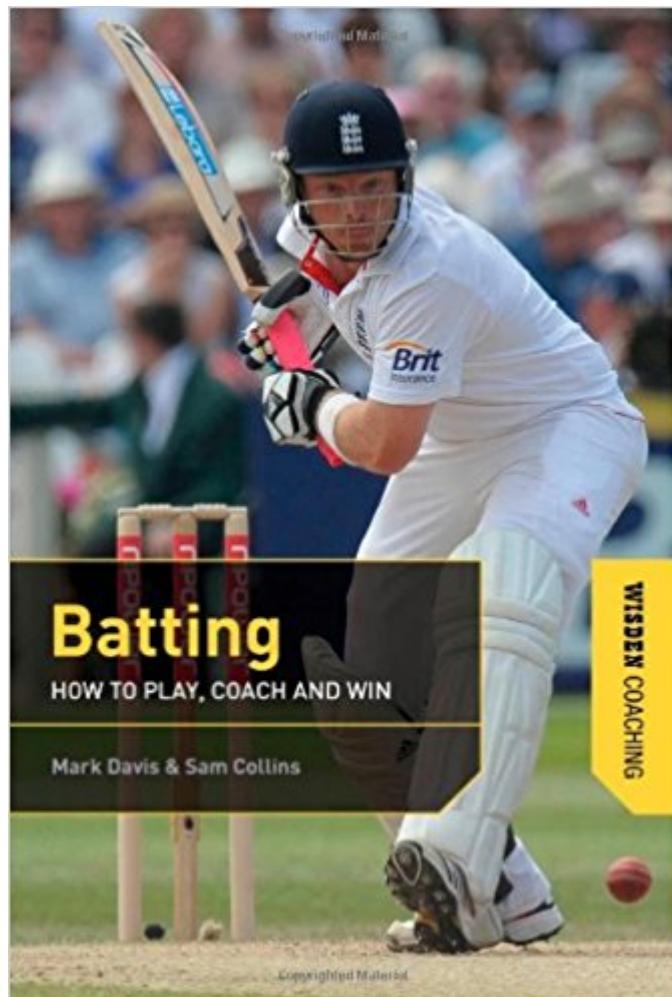


The book was found

Batting (Wisden Coaching)



Synopsis

Batting is a one-stop shop for all cricket coaches, teachers and players looking for ways to improve batting play. It sets out coaching advice in clear, jargon-free language, with plenty of photographs to add further explanation. Content includes: The basics, e.g. getting a good position, the gripTechnique for each shot with step-by-step illustrated instructionsTraining drills to improve each skillCommon problems - and how to fix themTactics, e.g. when to use which shot, when to attack or to consolidateAdvanced play, e.g. the more difficult techniques such as the reverse sweep or the switch hitThe book also includes examples of players, past and present, who are renowned for their expertise in certain techniques, as well as words of advice from the legends.

Book Information

Series: Wisden Coaching

Paperback: 144 pages

Publisher: A&C Black (May 8, 2012)

Language: English

ISBN-10: 1408146541

ISBN-13: 978-1408146545

Product Dimensions: 6.1 x 0.4 x 9.1 inches

Shipping Weight: 11.4 ounces (View shipping rates and policies)

Average Customer Review: Be the first to review this item

Best Sellers Rank: #1,731,298 in Books (See Top 100 in Books) #192 in Books > Sports & Outdoors > Other Team Sports > Cricket

[Download to continue reading...](#)

Batting (Wisden Coaching) Life Coaching: Complete Blueprint to Becoming a Powerful Influential Life Coach (Life coaching, Life improvement, positive thinking, coaching, better leadership, goals, consulting) Life Coaching: Life Coaching Blueprint: Save A Life One Person At A Time (BONUS 30MINUTE Life Coaching Session- How To Motivate, Inspire, Change Your Life) NLP Coaching: Learn How to Use NLP in Your Coaching and Become a Great Leader (nlp coaching, nlp books, nlp techniques) Cricket: How to Improve Your Batting The Wisden Book of Cricket Memorabilia Wisden Cricketers' Almanack 2006 Wisden Book of Cricket Records The Swim Coaching Bible, Volume I (The Coaching Bible Series) Coaching Swimming Successfully - 2nd Edition (Coaching Successfully Series) COACHING SISTÃƒÂ© MICO DE EQUIPOS Y ORGANIZACIONES: ColecciÃƒÂn de Coaching SistÃƒÂ©mico (Spanish Edition) Coaching magico para convertir a tu

rana en principe/ Magic Coaching To Turn To Your Frog Into a Prince: ...y desvelar la reina que llevas dentro/ ... Personal/ Very Personal) (Spanish Edition) Coaching para una vida feliz: Coaching para una vida feliz (Spanish Edition) Survival Guide for Coaching Youth Basketball: Only the Essential Drills, Practice Plans, Plays, and Coaching Tips! Coaching Basketball Successfully 2nd Edition (Coaching Successfully Series) The Baseball Coaching Bible (The Coaching Bible Series) Coaching Girls' Softball: From the How-To's of the Game to Practical Real-World Advice--Your Definitive Guide to Successfully Coaching Girls Coaching Youth Tennis - 4th Edition (Coaching Youth Sports Series) Coaching Climbing: A Complete Program for Coaching Youth Climbing for High Performance and Safety (How To Climb Series) Coaching Youth Cricket (Coaching Youth Sports)

[Dmca](#)